



TENDERFOOT RANK

Tenderfoot is the first rank earned as a Boy Scout. The requirements of becoming a Tenderfoot provide basic skills to begin preparing the scout for higher adventure outings. Earning badges and receiving recognition can be very satisfying to boys. However, keep in mind that the badge is only a representation of a valuable set of skills that a scout has learned and demonstrated. The skills, wisdom, and experience gained through the activities of the scouting program are of much more value than a small badge.

REQUIREMENTS:

1. Present yourself to your leader, properly dressed, before going on an overnight camping trip. Show the camping gear you will use. Show the right way to pack and carry it.
2. Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.
3. On the campout, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each patrol member to share in meal preparation and cleanup, and explain the importance of eating together.
- 4a. Demonstrate how to whip and fuse the ends of a rope.
- 4b. Demonstrate that you know how to tie the following knots and tell what their uses are: two half hitches and the taut-line hitch.
5. Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night. Explain what to do if you are lost.
6. Demonstrate how to display, raise, lower, and fold the American flag.
7. Repeat from memory and explain in your own words the Scout Oath, Law, motto, and slogan.
8. Know your patrol name, give the patrol yell, and describe your patrol flag.
9. Explain the importance of the buddy system as it relates to your personal safety on outings and in your neighborhood. Describe what a bully is and how you should respond to one.
- 10a. Record your best in the following tests: Push-ups, Pull-ups, Sit-ups, Standing long jump, 1/4-mile walk/run. Record them again 30 days later.
- 10b. Show improvement in the activities listed in requirement 10a after practicing for 30 days.
11. Identify local poisonous plants; tell how to treat for exposure to them.
- 12a. Demonstrate how to care for someone who is choking.
- 12b. Show first aid for the following:
 - Simple cuts and scrapes
 - Blisters on the hand and foot
 - Minor (thermal/heat) burns or scalds (superficial, or first-degree)
 - Bites or stings of insects and ticks
 - Venomous snakebite
 - Nosebleed
 - Frostbite and sunburn
13. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.
14. Participate in a Scoutmaster conference.
15. Complete your board of review.

SCOUTMASTER CONFERENCE:

The Scoutmaster will ask you to show off what you have learned. You should be prepared to knowledgably discuss the Scout Oath, the Scout Law, Motto, Slogan, Outdoor Code, the Patrol Method, and the Buddy System.

You should be prepared to discuss your camping experience, physical fitness test, safe hiking rules, poisonous plants, First Aid and proper flag etiquette. Be prepared to tie two half hitches and the taughtline hitch.

SAMPLE BOARD OF REVIEW TOPICS:

1. When did you join our Troop?
2. What grade are you in? What school?
3. What hobbies do you have?
4. Why did you join Boy Scouts?
5. How many Troop meetings have you attended in the last two months?
6. What did you do at your last patrol meeting?
7. Tell us about your last Troop campout.
8. How would the first aid skills you must know for Tenderfoot help on a campout?
9. How would you prevent a blister from forming?
10. Why is it important to know basic First Aid?
11. Where did you learn how to fold the American flag? Tell us about your first experience with this skill.
12. How would you avoid poison oak (poison ivy, sumac)?
13. Where did you go on your hike? How did you choose the location?
14. If you were on a hike and got lost, what would you do?
15. Why do we whip or fuse the ends of a rope?
16. What is the "Buddy System" that we use in Scouting? When do we use it?
17. Why do you think there are physical fitness requirements (push-ups, pull-ups, etc.), and a retest after 30 days, for the Tenderfoot rank?
18. What does it mean to a Tenderfoot Scout to "Be Prepared"?
19. Do you feel that you have done your best to complete the requirements for Tenderfoot? Why?
20. What "good turn" have you done today?
21. Please give us an example of how you obey the Scout Law at home (school, church)?
22. What do you like best about our Troop?
23. What does it mean for a Scout to be "Kind"?
24. Do you have any special plans for this summer? The Holidays?
25. How do you live the Scout Oath and Law in your daily life? If you find it a challenge how do you overcome it?
26. Which point of the Scout law is the easiest for you? Which is the hardest?
27. What is a good turn? What good turns have you done lately?
28. What troop outings have you attended? What do you think of them?
29. What does "On My Honor" mean to you?
30. What do you think people expect from you as a Boy Scout?
31. Have you been able to make it to most of the troop meetings so far?
32. What is the name of your patrol? Do you have a flag?
33. Do you feel that you and your patrol are getting along?
34. Is there anything you would like to see changed in the patrol or troop meetings?

35. What do you think is the most fun part of Scouting?
36. What do you like best (least) about Scouting?
37. How (or how not) has Scouting been what you thought it would be?
38. Have you taken part in any recent service projects? Which ones?
39. When do you plan to have the requirements completed for 2nd Class?
40. What are your long term plans in scouting?