





# Grub Planner for \_\_\_\_\_ Patrol \_\_\_\_\_

Contact Person \_\_\_\_\_ Phone \_\_\_\_\_



Friday night you will need to bring a **sack dinner** including a **drink** & a **snack** for before bed.



Saturday Breakfast				
Drink	Main Dish (Carbos & Protein)	Fruit	Syrup Butter Cooking Oil Milk Salt & Pepper Bread Jelly Sugar	Miscellany Trash Bags Ziplock Bags Paper Towels
Hot?				
Saturday Lunch				
Drink	Main Dish (Carbos & Protein)	Fruit / Veggie	Butter Cooking Oil Bread Salt & Pepper Mayo Mustard Ketchup Sugar BBQ Sauce	Miscellany Ice Coolers  Desert
				
Saturday Dinner				
Drink	Main Dish (Carbos & Protein)	Fruit / Veggie	Butter Cooking Oil Bread Salt & Pepper Mayo Mustard Ketchup Sugar BBQ Sauce	Miscellany Charcoal Wood  Desert (Unless there's a COBBLER cook off)
				
Bed Time Snack (Food smells cling to clothes, change before bed.)				
Sunday Breakfast (Breaking camp so keep it quick and simple)				
Drink	Main Dish (Carbos & Protein)	Fruit	Syrup Butter Cooking Oil Milk Salt & Pepper Bread Jelly Sugar	Miscellany
Hot?				

Does anyone have life threatening food allergies? Yes \_\_\_\_\_ No \_\_\_\_\_



How many people are going? \_\_\_\_\_ How much should be purchased? \_\_\_\_\_

How much do you eat? If you have big eaters, the Scout moto is "Be Prepared". You will eat more when camping than normal.

IF people get hungry, do you have a snack that is high protein and carbs? Do you have enough for **EVERYONE**?

Be sure food or snacks are not in your tent or back pack, **BEARS** love people food and snacks!

**WATER, WATER, WATER**, you can never have too much water. Dehydration will ruin your trip.

Can you bring things in smaller packages, maybe even smaller amounts?

Can you buy things in a bigger package, but bring only a portion? (Save the rest for the next trip.)

Can you meet at some ones house and pre-cook things like chili so all you have to do is heat it up?

(Remember food safety and keep it cold after cooking.)

